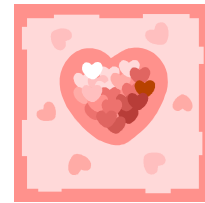


February 2012

Will This Weather Hold?


If Punxatawey Phil sees his shadow and forecasts that we have six more weeks of winter this year no one will be very upset. The winter has been so mild...in fact, January was the ninth warmest January on record...with an average temperature of 31 degrees. Even more exciting than the warm weather has been the lack of snow...all winter we have only received 31.8 inches of snow! We could only be so lucky to get six more weeks of weather just like that! While we are all enjoying our weather, even more so, most of our residents are enjoying following our Syracuse University Men's Basketball Team this year. Currently we are ranked number 2 in the nation and we hope we can get to Number 1 again. So far we have only suffered one loss. All SU fans have high hopes as we head into some tough competition in February that will (hopefully) lead us to a good position for March Madness! Moving on the football, the SuperBowl is coming up and we will be having a party in the Main Living Room at six o'clock. Come down and join the festivities and watch the game (and commercials) with the crowd! There are a lot of fun activities slated for February and it would be great to see lots of people at all of them, so come on out and join the fun...the more, the merrier!



February Events At a Glance

Sunday 2/05/12
6:00 – SUPERBOWL PARTY

Thursday 2/16/12
3:30 – February Birthday Party

Monday 2/25/12 
11:15 – Lunch Out at Chili's



Attention Residents: Please sign up for these events in advance so we can be prepared to accommodate everyone who would like to be involved. On the outings, there is limited space, so it will be first come, first served. Residents are responsible for paying for themselves if there is a cost involved

Attention Friends and Family

We would like to ask any friends and family members to please not visit if you are experiencing any cold or flu like symptoms. Please help us prevent the spread of any cold, illness, or flu this year. Thanks and always remember that the best way to prevent the spread of infection is hand washing.

Thank You

Park Terrace would like to say thank you to all of our friends and family members who donated bingo prizes and other items to us this past month. We would like to thank Katie Hinman, Lee Bond, Madelyn Post, Marti Ours, Jennie Bielski, Pearl Keller and her family, Marie McGrath, Dene Schrothe, and our entertainer Mary Ellen and her friend Kay. These people generously donated and we are very thankful for their generosity. Park Terrace would like to thank everyone who gives to Park Terrace and our residents. Thank you from the bottom of our hearts!

To all Families and Guest, Monthly Reminder

As a courtesy to our staff, we need everyone entering and leaving the building to use the front entrance and to sign in and out at the front desk. Also, if you are taking a resident out of the building please sign them out at the front desk as well. You will find two books: one is for residents and one is for visitors. Please understand that our staff refers to these books frequently for meals, medicine, safety, and security concerns. Also, please make sure that a member of the staff knows you are taking a resident out and let them know when you return. Thank you in advance for our cooperation.

MEMORY CARE NEWS

The Memory Care Neighborhood has enjoyed a very cozy January in each other's company. In the early evening our residents have been getting together for hot cocoa and conversation. This really makes the evenings warm and comfortable for our residents and the staff really enjoys spending this time hearing the stories and memories of our residents. One activity that has been really fun for our residents is taking walks around the entire building. Many residents enjoy going out of the Memory Care Neighborhood and seeing what is going on in the rest of the building. Some of the other activities that are keeping our residents busy and happy are card and dice games, dominoes and arranging flowers. One of the favorite activities is frosting cookies...that is because our residents like to sample their hard work! What could be better. Some of our residents have enjoyed our trips outside of Park Terrace too, like the scenic ride and the trip to Red Lobster for lunch. The Memory Care Neighborhood is a warm and wonderful place to live and work, and it is that way because we have such wonderful and interesting residents living here!

Our Newsletter is Online!

Please visit our website.

www.parkterraceatradisson.com to read the current and future newsletters and see the activities calendar!

If you do not have internet access, please contact Erin at 638-9207 to arrange to have a copy mailed to you each month!

LOOKING BACK...

...AT JANUARY

In January everybody really enjoyed the relatively warm weather that Mother Nature has blessed us with! The scenic rides this month were mostly sunny and a lot of residents still enjoyed their daily walks outside. Inside the building, residents had lots of fun returning to normalcy after the craziness of the holidays. One of the most fun activities this month was the living room volleyball. A lot of residents participated in this activity and had lots of fun doing it! It is really good exercise too. We will be having volleyball every month now, so come on down and join us next time! Our residents also enjoyed a wonderful lunch out at Red Lobster this month. Everyone that went with us said it was their favorite restaurant...especially the biscuits! One evening our residents were really lucky to be the audience for a string orchestra made up of students from the Baldwinsville Schools. The musicians in the orchestra were extremely talented and the residents loved the concert they performed for us. That was a special treat. All in all, January offered lots of fun activities and hopefully February has just as much fun in store!

February Birthdays

HAPPY BIRTHDAY TO YOU!

2/05 Donald Coffey

2/15 Joe Spiegel

2/17 Pearl Keller

2/27 Jean Spiegel

On Thursday, February 16th, at 3:30 we will be celebrating all of the February Birthdays with a birthday snack.



ALL ARE WELCOME!

PLEASE JOIN US!



February is HEART HEALTH Month

Park Terrace will be having a special walking competition for our residents. Every day at 10:45 and at 4:30 we will be playing special walking music over the PA. At this time, all of our residents are encouraged to come out of their rooms and walk the hallways. If you walk at these special times, notify Erin, who will keep track of how much each person is walking. At the end of the month, the people who walk the most will get a prize...

...in addition to their extra good health!

This competition will begin on Monday, February 5th!

Good Luck and Good Health to all!