

January 2012

HAPPY NEW YEAR!

The year 2012 has arrived. And with it came the snow! While many people hoped the snow would never arrive, just as many people were excited to see the world outdoors covered in white. When the sun is glistening on the snow covered ground it is a really beautiful sight to see! It makes us all realize what a wonderful world we live in, as long as we don't have to go outside too much! We all know what comes along with the New Year...New Year's Resolutions. It is interesting to see what people's resolutions are and if they follow them throughout the year! January will bring a welcome break from the hustle and bustle of the holiday season, a return to the normalcy that everyone needs. The activity calendar is full of our regular activities that will be keeping us busy through these cold, wintery months. We also have each other to keep us company during the long season!

Our Newsletter is Online!


Please visit our website.

www.parkterraceatradisson.com to read the current and future newsletters and see the activities calendar!

If you do not have internet access, please contact Erin at 638-9207 to arrange to have a copy mailed to you each month!



January Events At a Glance

Monday 1/23/12 

11:15 – Lunch out @ Red Lobster

Thursday 1/19/12

3:30 – January Birthday Party



Attention Residents: Please sign up for these events in advance so we can be prepared to accommodate everyone who would like to be involved. On the outings, there is limited space, so it will be first come, first served. Residents are responsible for paying for themselves if there is a cost involved.

Thank You

Park Terrace has so many wonderful things to be thankful for. The staff of Park Terrace is extremely grateful to all of the friends and family members who brought in cookies and candy and many other treats. It was a wonderful gift for the staff to see how much they are appreciated. And everyone definitely enjoyed snacking on the wonderful goodies! As we are focused on the wonderful season of giving that Christmas brings we realize how lucky we are and how thankful we are for the wonderful residents and families that we come to know and love while working here. So, we would just like to offer a word of thanks for our wonderful residents and family members that enrich our lives just by being part of them every day!

We would also like to offer our gratitude to those people who generously donate to our residents activities such as Bingo. We would like to thank Georgette Oliver and her daughter Carole, Rose Shyposh and her daughter Elaine, Jean and Nunzio Caruso, Lee Bond, Dick Christopher, Jennie Bielski, Rosalie O' Leary and her daughters Kathy and Cindy, and everyone else who has donated to Park Terrace this month and also throughout the year! Thank you so much. Your kindness is heartfelt and certainly appreciated by our residents!

Attention Friends and

Family

We would like to ask any friends and family members to please not visit if you are experiencing any cold or flu like symptoms. Please help us prevent the spread of any cold, illness, or flu this year. Thanks and always remember that the best way to prevent the spread of infection is hand washing.

MEMORY CARE NEWS

We certainly kept very busy in the Memory Care Neighborhood during the month of December. This time of year is so exciting as everyone prepares for the holidays. Our residents had a lot of fun doing lots of holiday themed projects. One of the most exciting ones was when a Girl Scout troop came in and brought cookies and helped our residents decorate them. Most of our Memory Care Neighborhood residents enjoyed all the special holiday themed concerts and activities that went on in the Assisted Living part of our building too. Every time there was a special show our residents got excited to go and enjoy the festivities. But one of the most exciting activities was when Fred, our maintenance man, brought his family in to perform a special Christmas concert for the Memory Care Neighborhood. That was a really special treat that our residents really loved! Thank you to Fred and his family! Many of our residents joined the trips to Lights on the Lake. The Christmas holidays were fun also with Christmas movies playing and Christmas themed activities. We want to say thank you to all of our family members that brought treats in to share with staff and other residents. You are one of the big reasons our Memory Care Neighborhood is such a wonderful place to live and work! Happy New Year!

LOOKING BACK...

...AT DECEMBER

The holidays kept us extremely busy here during the month of December. We were very lucky to have a lot of special events and entertainers to make our holidays bright and cheerful. Our trips to Lights on the Lake were really fun, everyone enjoyed seeing them and trying to pick out the new displays! We were treated to multiple girl and boy scout troops singing for us and even one troop came in and decorated cookies with us. A group of residents went out to dinner at Kitty Hoynes and then enjoyed a drive around downtown Syracuse to look at the lights. Some of the best entertainment was when the Harmony Cats, an all men's barbershop style choir, came and sang for us. What an awesome time everyone had there. And we certainly can not forget about the Prime Rib Feast and Christmas Party. What a great day and time that was! The Prime Rib was terrific and so was everything else! As the year drew to a close, the whole building celebrated with a Toast at dinner on New Year's Eve and a party in the living room. We have had a wonderful 2011 and can not wait to see what the year 2012 has in store for us!

To all Families and Guest, Monthly Reminder

As a courtesy to our staff, we need everyone entering and leaving the building to use the front entrance and to sign in and out at the front desk. Also, if you are taking a resident out of the building please sign them out at the front desk as well. You will find two books: one is for residents and one is for visitors. Please understand that our staff refers to these books frequently for meals, medicine, safety, and security concerns. Also, please make sure that a member of the staff knows you are taking a resident out and let them know when you return. Thank you in advance for our cooperation.

From the Desk of...

Jennifer Zacharek, Administrator

I would like to wish everyone a very Happy New Year!

The holidays this year were fantastic! I'd like to send a thank you to the entire Park Terrace team of staff (especially the Cooks and Dietary Aides) and volunteers who made our Friday, December 23rd Prime Rib Christmas Feast such a wonderful meal! The Prime Rib was delicious and the service was wonderful.

I would also like to say thank you for your kindness to all of the residents, friends, and family members who showed their generosity to our staff with cookies and treats and other goodies.

We are all looking forward to a wonderful year ahead in 2012.

-Jennifer

January Birthdays

HAPPY BIRTHDAY TO YOU!

1/03 Rosalie O'Leary

1/21 Genevieve Apicella

1/24 Bernice O'Conner

1/30 Dick Simone

*On Thursday, January 19th, at 3:30 we
will be celebrating all of the January
Birthdays with a birthday snack.*

ALL ARE WELCOME!

PLEASE JOIN US!

