

MEMORY CARE NEIGHBORHOOD  
Daily Activities Calendar



# January 2012



ALL ACTIVITIES PROVIDED BY  
Cathy Jantsch  
or Memory Care Aide

Sun	Mon	Tues	Wed	Thurs	Fri	Sat		
1 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Jenga Game 11:00 - Hand Massages 11:30 - Music & get ready for lunch 1:00 - Coupon Clipping 2:00 - Reminisce - New Year's Day 3:00 - Puzzles & Magazines 3:30 - Simon Says 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Go Fish	2 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - War Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Music & Movement 2:00 - Short Stories 3:00 - Puzzles & Magazines 3:30 - Ball Toss 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Jenga Game	3 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - LCR Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Ice Cream Social 3:00 - Puzzles & Magazines 3:30 - Bean Bag Toss 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Dominoes	4 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Go Fish Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Walking 2:00 - Sing A Long 3:00 - Puzzles & Magazines 3:30 - Reminisce - favorite Meals 4:45 - Music & Get Ready for Dinner 5:45 - Hand Massages	5 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Game on Board 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Hot Potato 3:00 - Puzzles & Magazines 3:30 - Simon Says 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Word Games	6 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - War Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:30 - Happy Hour 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Ball Toss	7 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Jenga Game 11:00 - Arrange Flowers 11:30 - Music & get ready for lunch 1:00 - Movie & Popcorn 3:00 - Ball Toss 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Word Games on Board		
8 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - War Game 11:00 - Hand Massages 11:30 - Music & get ready for lunch 1:00 - Coupon Clipping 2:00 - Reminisce - Snow Storms 3:00 - Puzzles & Magazines 3:30 - Walking 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Dominoes	9 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Dominoes Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Music & Movement 2:00 - Bean Bag Toss 3:00 - Puzzles & Magazines 3:30 - Sing - A - Long 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Puzzles	10 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Games on Board 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Ice Cream Social 3:00 - Puzzles & Magazines 3:30 - Reminisce - Traveling in the snow 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Word Games	11 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - LCR Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Arrange Flowers 2:00 - Ball Toss 3:00 - Puzzles & Magazines 3:30 - Hot Potato 4:45 - Music & Get Ready for Dinner 5:45 - Ind Game Time - LCR Game	12 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Game on Board 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Ring Toss 3:00 - Puzzles & Magazines 3:30 - Simon Says 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Puzzles	13 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Reminisce - Going Our to Eat 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:30 - Happy Hour 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Ring Toss	14 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Dominoes Game 11:00 - Short Stories 11:30 - Music & get ready for lunch 1:00 - Movie & Popcorn 3:00 - Simon Says 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Sing - A - Long		
15 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Games on Board 11:00 - Reminiscing - Lazy Sundays 11:30 - Music & get ready for lunch 1:00 - Coupon Clipping 2:00 - Simon Says 3:00 - Puzzles & Magazines 3:30 - Bean Bag Toss 4:45 - Music & Get Ready for Dinner 5:45 - Ind Game Time - Go Fish Game	16 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Trivia 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Music & Movement 2:00 - Reminisce - Marting Luther King Jr. 3:00 - Puzzles & Magazines 3:30 - Walking 4:45 - Music & Get Ready for Dinner 5:45 - Ind Game Time - LCR Game	17 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Go Fish Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Ice Cream Social 3:00 - Puzzles & Magazines 3:30 - LCR Game 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time -Puzzles	18 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - War Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Short Stories 2:00 - Nail Care 3:00 - Puzzles & Magazines 3:30 - Ball Toss 4:45 - Music & Get Ready for Dinner 5:45 - Collage Making	19 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Ball Toss 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Hand Massages 2:00 - Arts & Crafts 3:00 - Puzzles & Magazines 3:30 - Reminisce - Making Clothes 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Dominoes	20 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Games on Board 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Bean Bag Toss 2:30 - Happy Hour 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - War Game	21 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - LCR Game 11:00 - Painting 11:30 - Music & get ready for lunch 1:00 - Movie & Popcorn 3:00 - Walking 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Simon Says		
22 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Sing - A - Long 11:00 - Hand Massages 11:30 - Music & get ready for lunch 1:00 - Coupon Clipping 2:00 - Walking 3:00 - Puzzles & Magazines 3:30 - Ball Toss 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Puzzles	23 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Jenga Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Simon Says 2:00 - Nail Care 3:00 - Puzzles & Magazines 3:30 - Walking 4:45 - Music & Get Ready for Dinner 5:45 - Word Games on Board	24 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Games on Board 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Ice Cream Social 3:00 - Puzzles & Magazines 3:30 - Painting 4:45 - Music & Get Ready for Dinner 5:45 - Ind Game Time - Dominoes	25 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Go Fish Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Word Games on Board 3:00 - Puzzles & Magazines 3:30 - Bean Bag Toss 4:45 - Music & Get Ready for Dinner 5:45 - Ind Game Time - LCR Game	26 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Ball Toss 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Hand Massages 2:00 - Arts & Crafts 3:00 - Puzzles & Magazines 3:30 - Reminisce 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Dominoes	27 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Games on Board 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:30 - Happy Hour 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Decorate Christmas Cookies	28 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 11:00 - Sing - A - Long 11:30 - Music & get ready for lunch 1:00 - Movie & Popcorn 3:00 -Ball Toss 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Hand Massages		
29 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - LCR Game 11:00 - Reminiscing - Grocery Shopping 11:30 - Music & get ready for lunch 3:00 - Puzzles & Magazines 3:30 - Sing Christmas Songs 4:45 - Music & Get Ready for Dinner 5:45 - Christmas Movie	30 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Go Fish Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Hand Massages 2:00 - Reminisce - Traveling 3:00 - Puzzles & Magazines 3:30 - Hot Potato 4:45 - Music & Get Ready for Dinner 5:45 - Ball Toss	31 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Trivia 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Ice Cream Social 3:00 - Puzzles & Magazines 3:30 - Bean Bag Toss 4:45 - Music & Get Ready for Dinner 5:45 - Baking	Any Activity can be modified or substituted to suit the needs/wants of the residents at that time.		<p><b>SU Basketball Games</b></p> <p>1/01 - SU vs. Dupau - 5:00 1/04 - SU vsProvident - 9:00 1/07 - SU vs Marquette - 4:00 1/11 - SU vs Villanova - 7:00 1/14 - SU vs Providence - 6:00 1/16 - SU vs. Pittsburgh - 7:30 1/21 - SU vs. Notre Dame- 6:00 1/23 - SU vs. Cincinnati - 7:00 1/28 - SU vs. West Virigina- 1:00</p>		<p><b>HOLIDAYS</b></p> <p>1/01 - New Year's Day 1/16 - Martin Luther King Jr. Day</p> <p><b>CHURCH SERVICES</b></p> <p>Thursdays @ 11am - Communion Service Sundays @ 3pm - Church Service</p>	<p><i>Every Evening 7pm</i> Relaxation &amp; Television</p> <p><b>Mondav - Wheel of Fortune</b> <b>Tuesdav - Animal Planet</b> <b>Wednesdav - I Love Lucy</b> <b>Thursdav - Carol Burnett Show</b> <b>Friday - Wheel of Fortune</b> <b>Saturdav - Lawrence Welk</b> <b>Sunday - Food Network Challenge</b></p>