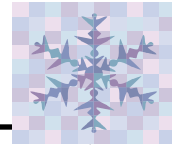
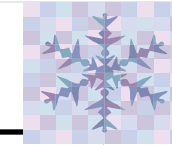


MEMORY CARE NEIGHBORHOOD
Daily Activities Calendar



December 2011



ALL ACTIVITIES PROVIDED BY
Cathy Jantsch
or Memory Care Aide

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
<p>SIU Basketball Games 12/02 - SU vs. Florida - 6:30 12/06 - SU vs Marshal - 7:00 12/10 - SU vs George Washington - 7:00 12/17 - SU vs NC State - 6:30 12/20 - SU vs Bucknell - 7:00 12/22 - SU vs. Tulane - 7:00 12/28 - SU vs. Seton Hall - 7:00</p> <p>CHURCH SERVICES Thursdays @ 11am - Communion Service Sundays @ 3pm - Church Service</p>	<p><i>Every Evening 7pm</i> Relaxation & Television</p> <p>Mondav - Wheel of Fortune Tuesday - Animal Planet Wednesday - I Love Lucy Thursday - Carol Burnett Show Friday - Wheel of Fortune Saturday - Lawrence Welk Sunday - Food Network Challenge</p>	<p>HOLIDAYS 12/21 - Winter Begins 12/21 - Hanukkah 12/24 - Christmas Eve 12/25 - Christmas Day 12/31 - New Year's Eve</p> <p>Any Activity can be modified or substituted to suit the needs/wants of the residents at that time.</p>		<p>1 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Game on Board 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Hot Potato 3:00 - Puzzles & Magazines 3:30 - Simon Says 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Word Games</p>	<p>2 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - LCR Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:30 - Happy Hour 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Ball Toss</p>	<p>3 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Jenga Game 11:00 - Arrange Flowers 11:30 - Music & get ready for lunch 1:00 - Movie & Popcorn 3:00 - Ball Toss 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Word Games on Board</p>
<p>4 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - War Game 11:00 - Hand Massages 11:30 - Music & get ready for lunch 1:00 - Coupon Clipping 2:00 - Reminisce - Fall 3:00 - Puzzles & Magazines 3:30 - Ball Toss 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Go Fish</p>	<p>5 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Dominoes Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Music & Movement 2:00 - Bean Bag Toss 3:00 - Puzzles & Magazines 3:30 - Sing - A - Long 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Jenga Game</p>	<p>6 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - LCR Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Ice Cream Social 3:00 - Puzzles & Magazines 3:30 -Reminisce - Christmas Shopping 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Dominoes</p>	<p>7 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Go Fish Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Walking 2:00 - Ball Toss 3:00 - Puzzles & Magazines 3:30 - Hot Potato 4:45 - Music & Get Ready for Dinner 5:45 - Hand Massages</p>	<p>8 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Game on Board 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Hot Potato 3:00 - Puzzles & Magazines 3:30 - Simon Says 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Puzzles</p>	<p>9 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Reminisce - World War II 11:00 - Short Stories 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:30 - Happy Hour 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Ring Toss</p>	<p>10 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Dominoes Game 11:00 - Short Stories 11:30 - Music & get ready for lunch 1:00 - Movie & Popcorn 3:00 - Simon Says 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Sing - A - Long</p>
<p>11 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Games on Board 11:00 - Reminiscing - Shoveling Snow 11:30 - Music & get ready for lunch 1:00 - Coupon Clipping 2:00 - Simon Says 3:00 - Puzzles & Magazines 3:30 - Bean Bag Toss 4:45 - Music & Get Ready for Dinner 5:45 -Ind Game Time - Go Fish Game</p>	<p>12 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Trivia 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Music & Movement 2:00 - Collage Making 3:00 - Puzzles & Magazines 3:30 - Walking 4:45 - Music & Get Ready for Dinner 5:45 - Ind Game Time - LCR Game</p>	<p>13 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Go Fish Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Ice Cream Social 3:00 - Puzzles & Magazines 3:30 - LCR Game 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time -Puzzles</p>	<p>14 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - War Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Short Stories 2:00 - Nail Care 3:00 - Puzzles & Magazines 3:30 - Ball Toss 4:45 - Music & Get Ready for Dinner 5:45 - Word Games on Board</p>	<p>15 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Ball Toss 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Hand Massages 2:00 - Arts & Crafts 3:00 - Puzzles & Magazines 3:30 - Reminisce - Hiding Gifts 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Dominoes</p>	<p>16 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Games on Board 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Bean Bag Toss 2:30 - Happy Hour 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - War Game</p>	<p>17 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - LCR Game 11:00 - Painting 11:30 - Music & get ready for lunch 1:00 - Movie & Popcorn 3:00 - Walking 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Simon Says</p>
<p>18 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Sing - A - Long 11:00 - Hand Massages 11:30 - Music & get ready for lunch 1:00 - Coupon Clipping 2:00 - Walking 3:00 - Puzzles & Magazines 3:30 - Ball Toss 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Puzzles</p>	<p>19 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Jenga Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Simon Says 2:00 - Nail Care 3:00 - Puzzles & Magazines 3:30 - Walking 4:45 - Music & Get Ready for Dinner 5:45 - Word Games on Board</p>	<p>20 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Word Games on Board 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Ice Cream Social 3:00 - Puzzles & Magazines 3:30 - Painting 4:45 - Music & Get Ready for Dinner 5:45 - Ind Game Time - Dominoes</p>	<p>21 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Go Fish Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Word Games on Board 3:00 - Puzzles & Magazines 3:30 - Bean Bag Toss 4:45 - Music & Get Ready for Dinner 5:45 - Ind Game Time - LCR Game</p>	<p>22 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Ball Toss 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Hand Massages 2:00 - Arts & Crafts 3:00 - Puzzles & Magazines 3:30 - Reminisce - Holiday Decorating 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Dominoes</p>	<p>23 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat</p> <p>12:00 - CHRISTMAS FEAST 1:00 - Nail Care 2:30 - Happy Hour 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Decorate Christmas Cookies</p>	<p>24 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 11:00 - Sing - A - Long 11:30 - Music & get ready for lunch 1:00 - Christmas Movie & Cookies 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Hand Massages</p>
<p>25 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - LCR Game 11:00 - Reminiscing - Christmas Traditions 11:30 - Music & get ready for lunch 3:00 - Puzzles & Magazines 3:30 - Sing Christmas Songs 4:45 - Music & Get Ready for Dinner 5:45 - Christmas Movie</p>	<p>26 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Go Fish Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Hand Massages 2:00 - Reminisce - Traveling 3:00 - Puzzles & Magazines 3:30 - Hot Potato 4:45 - Music & Get Ready for Dinner 5:45 - Ball Toss</p>	<p>27 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Trivia 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Ice Cream Social 3:00 - Puzzles & Magazines 3:30 - Bean Bag Toss 4:45 - Music & Get Ready for Dinner 5:45 - Baking</p>	<p>28 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - War Game 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Arranging Flowers 2:00 - Simon Says 3:00 - Puzzles & Magazines 3:30 - Painting 4:45 - Music & Get Ready for Dinner 5:45 - Ind Game Time - War Game</p>	<p>29 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Ball Toss 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Hand Massages 2:00 - Arts & Crafts 3:00 - Puzzles & Magazines 3:30 - LCR Game 4:45 - Music & Get Ready for Dinner 5:45 - Ind. Game Time - Dominoes</p>	<p>30 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Trivia 11:00 - The Price is Right 11:30 - Music & get ready for lunch 1:00 - Nail Care 2:00 - Happy Hour 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Word Games on Board</p>	<p>31 8:30 - Newspapers/magazines/puzzles 9:30 - Exercise / Walking 10:00 - Snack & Chat 10:30 - Hot Potato 11:00 - Reminisc - New Year's Resolutions 11:30 - Music & get ready for lunch 1:00 - Movie & Popcorn 3:00 - Bean Bag Toss 3:30 - Puzzles & Magazines 4:45 - Music & Get Ready for Dinner 5:45 - Hand Massages</p>